

Bicycle maintenance checklist

Use these checks before a ride and during a basic tune-up. Follow your bike and component manuals for pressures, torque and service intervals.

Date: _____ Bike: _____

Before a ride

- ☐ Check tire pressure against the tire and rim limits. Look for cuts, bulges or a loose bead.
- ☐ Check that both wheels are seated and secured. Spin them and look for rubbing or a wobble.
- ☐ Test each brake separately. The lever should not reach the grip; pads and cables must be secure.
- ☐ Check the frame, fork, bars, saddle, cranks and pedals for damage or unexpected movement.
- ☐ Look for a damaged or stiff chain link. Check that shifting is smooth and the chain stays in place.
- ☐ Secure lights, bags and accessories. If all checks pass, make a cautious low-speed brake check.

Routine care and tune-up checks

- ☐ Remove dirt with a method your bike maker permits. Dry the bike and keep cleaners away from brakes.
- ☐ Inspect the chain; clean and lubricate as its maker directs. Follow the lube's drying and wipe-off instructions.
- ☐ Check tire, brake-pad and chain wear with the correct markings or gauge and the maker's limits.
- ☐ Inspect cables, hoses and fasteners. Record work needed and check model-specific service intervals.

Stop and get help

Do not ride with weak brakes, a loose wheel or control, structural damage, a damaged tire, or a chain that jams or skips. If a check is uncertain, have a qualified mechanic inspect it. E-bikes and suspension need their own manufacturer checks.

A tick records a check, not a guarantee that a bike is safe. This sheet is an inspection guide, not instructions to tighten every bolt or replace parts on a fixed calendar.

Notes: _____